

Dear Health Care Practitioner,

If you have patients with a drinking problem, we are here to help. Support from Alcoholics Anonymous can be a complement to virtually any treatment you offer a problem drinker.

**Resources for the Professional:**

1. Go to [www.aa.org](http://www.aa.org), open the homepage and in the “I am...” box click: “A professional working with alcoholics” to find resources for professionals.
2. We will provide you with A.A. pamphlets and literature you can offer to patients.
3. We will provide you, your staff or your office with short presentations about AA.

**Resources for the Patient:**

1. Referring patients to A.A. is as simple as having them go to [www.aa.org](http://www.aa.org), **open the homepage and in the “I am...” box click:** “Looking for help with a drinking problem”.
2. Helping them find meetings is as simple as having them **download the free meeting guide app** on their cell phones. It’s the one with a white chair inside a blue circle.
3. Volunteers, upon request, will accompany your patient to a meeting.

**Does it work? Absolutely.**

1. The latest survey of our members in the U.S. and Canada indicates that 50% have been sober more than five years and 24% have been sober between one and five years.
2. In March 2020, the Cochrane Library published a metadata analysis by professors from Stanford and Harvard which concluded AA works as well as or better than other scientifically proven treatments for alcohol addiction.

**What does it cost? Zero, AA is completely self-supporting.**

**Is AA a religious organization? No.** AA includes people of many faiths, as well as atheists, agnostics and nonbelievers. It includes people of nearly every race, culture and religion.

Please contact us if there is any way that we can be of service to you and your patients.

Sincerely,

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